



**WELCOME TO
ST MARY'S PARISH BELLINGEN
SIXTH SUNDAY OF YEAR C**

Parish Church:

Mary Immaculate, Mother of God
14 Park St. Bellingen

Station Churches:

Holy Name: 34-38 High St. Urunga

Sacred Heart: 5-11 Karabin St.

Dorrigo

Parish Priest: Fr Paul Winter

Email: pcwinter@outlook.com

Parish Office: Nina Hogel

T: 02 6655 1448

Thursday

9.00am-4.00pm

E: reception@bellingenatholic.org.au

PO Box 234, Bellingen NSW 2454

Sacrament of Penance

Bellingen: Every Friday (Except 1st Friday of month) 5:30pm-6:30pm

Urunga: Every 1st Sat 9:30-10:30am

Other times by appointment.

Baptisms: Minimum 1 month notice.

Weddings: Minimum of 6 months' notice.

Anointing of the Sick: please call the Parish Office.

Sunday Mass Times 15-16 Feb 2025	
Saturday Vigil Urunga	5:30pm
Sunday Bellingen	8am
Sunday Dorrigo	10:30am
Communion to sick (Sun pm)	Dorrigo Area
Weekday Mass Times 18-21 Feb	
Tuesday Urunga	9:15am
Wednesday Meeting Rm	Adult Faith Ed. 1pm & 7pm
Thursday Urunga	9:15am
Friday Bellingen	9:15am

Diocesan Investment Fund This bulletin is sponsored by the Diocesan Investment Fund (D.I.F). For information call 1800 802 516 or visit www.dif.org.au.

PLEASE PRAY FOR:



Please advise the Parish Office if you would like to be including next month's sick list.

Sick: Marie Casey, Kathleen Gilbert, Hilloo Gopal, Wayne Reynolds, Ken Kirk, Jan Poole, Keith Cole, Clare Martin.

Deceased: John Davenport

Masses are being offered for: Bill Bradbury, Craig Goode, Guillermo Ybas, Concepcion Ybas, Ellen Carter, Moya Pomroy, Noreen Rawlings

HOLY COMMUNION TO THE SICK

Fr Paul brings Holy Communion to the sick, and those too frail and vulnerable to attend Sunday Mass, every 2nd Sunday afternoon.

If this is your situation, would like Fr Paul to bring Holy Communion, please contact the Parish Office for details.



READINGS FOR 7th SUNDAY YEAR C

1 Samuel 26:2,7-9,12-13,22-23; Ps 102:1-4,8,10,12-13; 1 Cor 15:45-49; Luke 6:27-38

ADULT FAITH FORMATION

Every Wednesday, 1pm and repeating at 7pm in the parish meeting room, Bellingen.

**THIS WEDNESDAY'S TOPIC: The Bible and the Virgin Mary Pt. 2
BRING YOUR BIBLE!**

SAFEGUARDING IN THE DIOCESE

The Diocese of Lismore Safeguarding Office can be contacted if you have any Safeguarding concerns. We will listen to you respectfully, offer support, and discuss all options available. Contact the Safeguarding Office
- Phone: (02) 6621 9444 or
Email: safeguarding@lismore.catholic.org.au



A THANK YOU FROM JENNY GOODE

Thank you so much for all your prayers for Craig, my son, who had a quadruple by-pass. He is walking 3 to 5kms per day and healing well. *Jennifer Goode*

WORLD DAY OF PRAYER – THE COOK ISLANDS

Please join us at Sacred Heart Church, Dorrigo.

7th March at 11:30am – 12:30pm.

We will then meet for lunch at the Uniting Church Hall (Please bring a plate to share).



FROM A COMMENTARY ON THE DIATESSARON BY ST EPHRAEM, deacon

ON READING THE BIBLE

Lord, who can comprehend even one of your words? We lose more of it than we grasp, like those who drink from a living spring. For God's word offers different facets according to the capacity of the listener, and the Lord has portrayed his message in many colours, so that whoever gazes upon it can see in it what suits him. Within it he has buried manifold treasures, so that each of us might grow rich in seeking them out.

The word of God is a tree of life that offers us blessed fruit from each of its branches. It is like that rock which was struck open in the wilderness, from which all were offered spiritual drink. As the Apostle says: *They ate spiritual food and they drank spiritual drink.*

And so whenever anyone discovers some part of the treasure, he should not think that he has exhausted God's word. Instead he should feel that this is all that he was able to find of the wealth contained in it. Nor should he say that the word is weak and sterile or look down on it simply because this portion was all that he happened to find. But precisely because he could not capture it all he should give thanks for its riches.

Be glad then that you are overwhelmed, and do not be saddened because he has overcome you. A thirsty man is happy when he is drinking, and he is not depressed because he cannot exhaust the spring. So let this spring quench your thirst, and not your thirst the spring. For if you can satisfy your thirst without exhausting the spring, then when you thirst again you can drink from it once more; but if when your thirst is sated the spring is also dried up, then your victory would turn to harm.

Be thankful then for what you have received, and do not be saddened at all that such an abundance still remains. What you have received and attained is your present share, while what is left will be your heritage. For what you could not take at one time because of your weakness, you will be able to grasp at another if you only persevere. So do not foolishly try to drain in one draught what cannot be consumed all at once, and do not cease out of faintheartedness from what you will be able to absorb as time goes on.

ST EPHRAEM THE DEACON (306 – 373 AD)

Saint Ephraem was a poet and a theologian. He lived all his life in Mesopotamia, first founding a school and then, when the Persians invaded his native town of Nisibis, moving to Edessa. He preached there, and laid the foundations of its great school of theology.

He is famous not only for the beauty of expression of his homilies but also for his hymns, which have spread far beyond his native Syriac church and are in use in East and West alike.

